

The Beacon

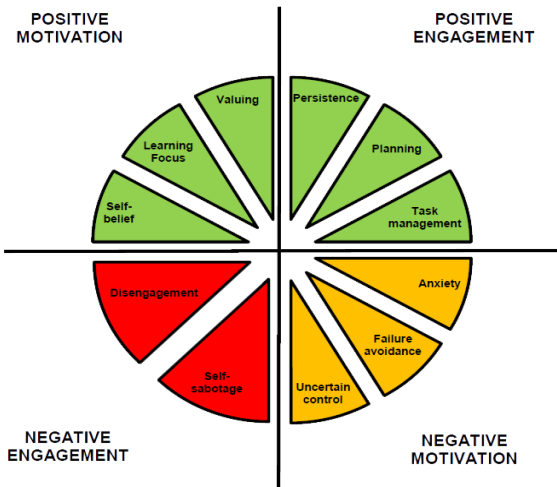
FROM THE PRINCIPAL Mr Holmes

They Will Shine

Thomas Carr College is a school of choice in our area, as we aspire to be the best school we can be. We have increased our enrolment by approximately 100 students in 2022 with places for 2023 at capacity. Our increased student numbers have led to the large increase in staff including teachers and support staff for 2022 as listed in our last newsletter. Schools, as are many workplaces, finding it difficult to staff all positions in the current times. Our new staff are off to a great start and we look forward to their efforts over the years to come.

The Year 7 students have now experienced their first Swimming Carnival at the College and will now embark upon their wonderful camp next week. The College follows strict operational guidelines as do the camp operators, following all COVIDSafe measures to ensure the safety of all. Unless we were permitted to run the camp we would not do so. I hope all students enjoy the experience, while being a bit nervous is normal. I will visit the students at the camp next week.

Recently an article discussed the importance of students valuing school. How much students value school and schoolwork will have a significant bearing on many educational outcomes, including their engagement, learning and achievement. In numerous ways, COVID-19 has impacted students' valuing of school and schoolwork.



The Motivation and Engagement Wheel above has four themes with specific motivation and engagement items:

- positive motivation (self-belief, valuing, learning focus).
- negative motivation (anxiety, failure avoidance, uncertain control).
- positive engagement (planning, task management, persistence).
- negative engagement (self-sabotage, disengagement).

The task for the College and families is to increase the positive motivation and positive engagement factors in our students lives to reduce the negative factors.

Motivation and Engagement Wheel (reproduced with permission and downloadable from www.lifelongachievement.com).
Author: Andrew Martin, Professor of Educational Psychology

Students are in their third year of navigating COVID-19, there are some parts of the Wheel that have come under pressure and that require closer attention as we seek to optimise students' academic journeys. *Valuing* is one of these.

Prayer

May we make our homes places of relaxation,
joy, love, peace and safety.
May we be generous and considerate,
not thinking only about ourselves,
but helping others enjoy the blessings of the summertime.
Lord God, Creator of all things,
guide our steps and strengthen our hearts
during these months of summer.
Grant us refreshment of mind and body.
May we constantly strive to make a meaningful difference
in the lives of our loved ones and in the world around us
as we enjoy the warm days of summertime.
Amen

COMING EVENTS

W/C Monday 28 February - Wednesday 2 March	Year 7 Camp
Tuesday 1 March	Shrove Tuesday
Wednesday 2 March	Ash Wednesday
Friday 4 March	World Day of Prayer
Tuesday 8 March	International Women's Day

College Swimming Carnival



College Theme for 2022 - Respect
Respect everyone, show special love
for God's people and honour God.

1 Peter 2:17

College Vision

Thomas Carr College is a dynamic
Catholic learning community,
guided by the Gospel. Excellence
and opportunities to develop are
pursued. Through our hope and ser-
vice to others we shine our light into
the world.

When students value school and schoolwork in these ways, they are more likely to invest effort, persist longer, learn more effectively, and achieve to potential. COVID-19 has put students' valuing of school and schoolwork under some strain. It is important that we create a stable environment for our students as we recover from the past 2 years. School rules and high expectations are an important part of this. We want to create interesting learning opportunities with purpose, that will build students skill and knowledge. Students in turn need to believe that the 'cost' of trying and investing effort at school (rather than, for example, playing a computer game, social networking, etc.) is worth it. Families can assist by encouraging their children to make good choices and encourage them to value their education.

As of next week, students will no longer be mandated to wear masks at the College, while students who wish to continue this practice are encouraged to do so while in close proximity to others. Importantly, students must continue to undertake the Rapid Antigen Tests (RAT) every Sunday and Wednesday evening for the remainder of the Term.



FROM THE DEPUTY PRINCIPAL, STRATEGIC DEVELOPMENT AND CURRICULUM Ms Angelico

What is your mission for 2022?

The Lenten Term is off to an exciting start with so much on offer in all aspects of College life. As a staff, we are proud of the range of academic programs we offer our students at Thomas Carr College, as well as the many opportunities to engage in religious, wellbeing, leadership, sporting, musical, artistic, STEM, social justice programs, and more. This week, some highlights have been the Elephant Ed Program for Year 8 students and the Student Leadership day.

Our College Mission:

- Nurturing faith and fostering positive, life-giving relationships with others.
- Providing an engaging and innovative learning environment.
- Developing the capacity for independent thought and informed decision making.
- Recognising the goodness of all members of the Thomas Carr College community and treating all with respect.
- Equipping all students with knowledge, skills and attributes to take their place optimistically in a globalised world.

What is your mission for 2022? How do you strive for excellence in all that you do and meet the high expectations that you set for yourself?

I believe it starts with clarity about our individual mission or commitment to ourselves. This helps us remember the "Why?" so that we can stay focussed on the "What to do?" and then the How? "Why is my education important to me? What do I value?" The Motivation Wheel Mr Holmes refers to is very helpful.

I invite our families to spend some time discussing with their children what they are committed to their learning journey and even go as far as coming up with a short mission statement such as: "I will always do my best to improve!" It is important to discuss what it takes to achieve these goals? What obstacles could prevent the achievement of the goals? How will you plan to overcome the challenges that present themselves? What other priorities draw your attention away from making your studies your priority? What strategies can you establish to help you stay on track? You can organise your time so that there is time for everything: health and wellbeing, study, socialising and fun.

Sometimes the focus needs to be as simple as following school rules so that there are no distractions from the learning or cutting back on social media time, sleeping well and eating well.



Student Leadership Day –Thursday 24 February

Congratulations to the student leaders for what was a very successful day yesterday.

We look forward to hearing more from the Social Justice and Liturgy Captains who were led by Mrs Holligan & Mrs Dimovska. They began their day at St. James' and then worked at the College planning for the year. The newly appointed Student Representative Council, the College and House Captains spent the day at Wyndham Tech with Ms Spiteri, Ms Bonde, and the House Leaders: Ms Marret, Ms Parcesepe, Mr Bassi and Mr Nicholls. The group at Wyndham Tech was very energised and inspired and enjoyed the fabulous facility.

It is wonderful to read in this edition of The Beacon the reflections from the Galway House Captains on the Swimming Carnival.

FROM THE DEPUTY PRINCIPAL, STAFF AND LEARNING OPERATIONS

Mr Bryson

Our Model of Instructional Practise combines the use of High Impact Teaching Strategies (HITS) with the principles of the Berry Street Education Model to develop a framework that connects learning and wellbeing as a driver in improving student outcomes.

Tutor Learning Program

To compliment the work undertaken in recent years to support the overall learning and wellbeing needs of our students, the Victorian Government's Tutor Learning Program initiative aims to deliver targeted support for students who had experienced major disruptions to their learning as a result of the COVID-19 pandemic.

In response to this, the College is in the process of appointing up to three tutors to work with students throughout this year. Past student, Bryce Currao who excelled with his VCE studies achieving an ATAR of 93.20 in 2016, and who has been working as a private tutor whilst studying a Bachelor of Science at the University of Melbourne, will begin working with students this term. Tutors will work with students using a hybrid model approach combining in-class and small group support as well as offering tutoring support after-school on selected days. There will also be opportunities for each tutor to meet and collaborate with individual subject teachers to develop targeted learning and teaching strategies to further support the learning needs of each student.

"It has helped me to better prepare for SACS and is extremely helpful in general when covering content that we have already covered but going further in depth and assisting with my understanding of the content. It has also helped me to start preparing for exams by completing exam style questions while we are learning the content."

Source: Student Feedback Survey

The above feedback is from a senior student involved in this program last year and reflects the positive impact this program had on supporting students with their learning in 2021. Letters will be sent to families inviting their son or daughter to engage with the College's Tutoring Program. These students have been identified based on recent PAT Testing data completed at the end of last year and cross-referenced with current assessment data to establish the individual learning needs to each student.

We will continue to monitor student assessment data and provide opportunities for teachers to recommend students who may also benefit from this support throughout Term Two. In the meantime, if you have any questions about this program, please contact either Mr. Stephen Manitta (Head of Learning and Teaching – Middle School) or Ms. Daniela Bombardieri-Szabo (Head of Learning and Teaching – Senior School).

We look forward to the positive impact this initiative will have on supporting our



coronavirus.vic.gov.au/vaccine

1800 675 398 - 7 days 8am - 8pm



International Student Voice Forum



students and wish everyone involved in this program the very best.

Staffing

We would like to welcome the following new staff members who have recently started teaching at Thomas Carr College:

Ms. Stephanie Murdoch (Humanities / Learning Diversity Teacher)

Ms. Megan Bonnici (Visual Arts / Textiles Teacher)

Both are experienced teachers and bring great knowledge and expertise to the College. Ms. Emily Bourke has also joined the team at The Good Samaritan Campus. We wish them the very best and every success as they join our dynamic learning community.

Year 9 Elite Sports Performance - Invicta Performance

As part of the Year 9 Elite Sports Performance subject, students will work with the coaches from Invicta Performance as they develop individual training programs to improve their overall fitness and performance in a selected sport.

Based in Werribee, Invicta Performance aims to help athletes of all levels and across various sports to achieve their optimal performance and to become well-rounded people. To learn more about the programs offered, please click on the link to [Invicta Performance – An Athletes Wellness Hub](#) or view the attached flyer. We look forward to having Invicta Performance involved with this subject and will keep you updated on other opportunities for our students to be involved in similar community programs.

FROM THE GALWAY HOUSE LEADER

Mrs Marett

What a whirl wind start to 2022 we have seen. It has been very pleasing to hear and see all the excitement and high expectations that are a buzz with the students around the school in particular the Senior School buildings. The vertical House structure has seen students meeting and socialising with people that they may have never met before. We look forward to seeing it grow over the course of 2022.

From Rhianna Gibson, Galway C

With the 2022 school year being in full swing it is great to see some incredible house participation across the College and also be able to celebrate our successes. The Swimming Carnival was a massive hit, from the Year 12 students going all out in their costumes, to an incredible amount of participation in the pool and encouragement as events were taking place. With the new PaLMs structure for Years 10-12, it's great to see the students settling in well and adjusting to some big changes after an abnormal couple of high school years.

House activities are in full swing, and each respective house is working hard to create engaging ideas that increase participation and bring about a real sense of community within our school and students. It's with great anticipation that we await our upcoming Athletics Carnival and look forward to the exciting times that, that will bring for our College community.

From Mitchell Nelson, Galway D

As one of the Galway Vice Captains, I help with running some of our assemblies. That task comes with reading some of the slides and presenting information to the other year levels. We recently had our Swimming Carnival, which was a stupendous day. It was good to see my fellow Year 12's dress up in their awesome costumes - I went as a lifeguard. The day for Galway went very well as there was lots of participation throughout the year levels. I participated in every event I could, swimming in the Freestyle, Breaststroke, Backstroke, Butterfly and Relay.

I did manage to win some points for my House, although the day was very tiring for a lot of our Captains including myself. Being in Year 12 means that I must do my best in order to achieve the scores that I will need to transition into university. Currently I'm

Galway C room banner



Swimming Carnival



studying English 3 and 4, Further Math 3 and 4, Physical Education 3 and 4, HHD 3 and 4, Environmental Science 3 and 4.

FROM SPORT AND CO-CURRICULAR LEADER

Ms White

House Swimming Carnival

The House Swimming Carnival was held at Werribee Outdoor Pool on Friday February 11 in perfect conditions. Sadly not all year levels were able to attend given the current covid guidelines, however, the air was still filled with much anticipation, House spirit and a great sense of community. There was lots of fun in the small pool novelty events and some great performances in the pool. A full wrap up of the House Swimming Carnival will be published at the end of the term, along with the results of the House Athletics Carnival that will take place on Friday March 25 at Newport Athletics Track.

Luminosity

At Thomas Carr College, students have an array of areas in which they can participate in and contribute to the life of the College. An awards system based on excellence and commitment in leadership, academic pursuits and co-curricular activities will be established this year to recognise the achievements of our students. All students are encouraged to 'Shine their Light in the Sight of others' by demonstrating their knowledge, skills and plentiful talents across many areas of pursuits.

This year whilst formalising the program, we will be piloting the Music/Performing Arts and Sport areas, with a full introduction of all other areas of importance being implemented in 2023. Students have been given the opportunity to make suggestions as to what Co-Curricular ideas they would like to see implemented in this program and they are encouraged to continue to raise any suggestions through their SRC representatives and House Leaders. More information about the program and the activities/clubs will be communicated to the student body shortly. We encourage all students to get involved in the rich Co-Curricular offerings of the College.

SACCSS Sport

We are delighted to have Interschool Sport back up and running in 2022 after a covid interrupted 2 years. This Lenten term sees our Year 10 students compete over 5-7 weeks and our Senior Cricket and Netball teams take to the field. There are also many one day tournaments scheduled like Senior Mixed Netball, Senior Tennis and Senior Futsal, along with our first major SACCSS Carnival of the year in Swimming to be held at MSAC on Tuesday March 29. We are very much looking forward to seeing our TCC Titans in action and we wish all teams featuring in Term 1 the very best of luck. We can't wait to share with you all their successes.

FROM THE MUSIC AND PERFORMANCE LEADER

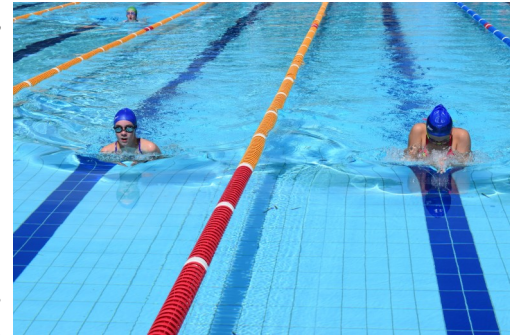
Mr Morse

Instrumental and Vocal Lessons

Instrumental and Vocal Lessons are part of Music Tuition that is offered to students in Year 7 to 12 as an optional, elective subject and scheduled as part of the student's weekly class timetable within the College curriculum.

Tuition is available on the following instruments:

- Flute
- Clarinet
- Bass Clarinet
- Violin
- Saxophone
- Trumpet
- French Horn



Are you wearing your mask correctly?





THOMAS CARR
COLLEGE

The Beacon

- Trombone
- Viola
- Euphonium
- Tuba
- Acoustic Guitar
- Bass Guitar
- Cello
- Electric Guitar
- Percussion
- Piano
- Voice and Music Theory



Lessons are on a weekly basis and can be taken as shared or individual classes of 30, 45 or 60 minute duration. It is an exciting opportunity that as students become more proficient, they can participate in various College ensembles. Parents who want their child to participate in these lessons may complete the "Private Music Tuition Enrolment" Form found on the College website. Please click [here](#) for further information.

FROM THE CAREERS TEAM

Ms Naomi Nolan

The Careers Dept will be operating with limited staffing during Term 1. Mrs Nolan will be available to meet with Students on the following days:

Week A (Thursday)

Week B (Wednesday)

Please email Mrs Nolan if you would like to make an appointment.

(naomi.nolan@thomascarr.vic.edu.au)

Career Tools Website:

For ongoing support and information families always have access to the Thomas Carr Career Tools website where you will information on (but not limited to):

- Senior Secondary Pathways (VCE and VET)
- Post Secondary Pathways (Universities, TAFES, Scholarships, VTAC and Interstate Admissions)
- Career Events Calendar (Police, ADFA, TAFEs, Universities)
- Work Experience and Structured Workplace Learning
- Career Planning and Information for 100+ industries
- Links to Tax File Numbers, USI, Money Matters
- Resources for Parents
- Interactive Career Bullseyes
- Career Newsletters (updated fortnightly)
- Student Access area where Students create an account to create their Resume, Prepare for a Job Interview or undertake some Virtual Work Experience.

Link: [Thomas Carr College Careers - Home](#)

FROM THE INFORMATION CENTRE

Mrs Mercieca

Information Centre Opening Hours

From Monday February 28, the Information Centre Opening Hours will be:

- Monday and Wednesday: 8.00am – 5.30pm
- Tuesday, Thursday and Friday: 8.00am – 4.00pm

Please Sanitise Your Hands



Palm to Palm



Fingers Interlaced



Back of Hands



Fingernails



Thumbs



Wrists



Rub Until Dry



Disinfected Hands

wyndhamcity
city.coast.country

careers at wyndham

School Crossing Supervisor

Casual opportunities across
Wyndham City Council available

Enquiries: School Crossing Support
Team on 03 9742 0876 or 8734 6165.

For the full advertisement and a copy
of the position description, please visit
our website.

www.wyndham.vic.gov.au

Hoppers Crossing Football Club is looking to develop our women's football program in 2022. The team is currently training at Hogans Road Reserve in Hoppers Crossing and looking for new players to help grow the team and the game in the Wyndham area. Players aged 16 years and above are welcome to play in the senior women's team while younger girls are eligible for our mixed teams.

Hoppers Crossing Football Club

Women's Footy



After a successful start to our female football program in 2021, the club is excited to make our program bigger and better in 2022 so come down and be a part of our great club

Training is on Monday and Wednesday from 6.30pm at
Hogans Road Reserve Hoppers Crossing

All players 16 years or older are welcome

For further details call senior coach Kerry Saunders on
0414 712 597

Hoppersfootyclub.com.au



Hoppers Footy Club

The WRFL (Western Region Football League) is the community football league for football/AFL participants in the west of Melbourne. We are running an umpire recruitment drive, aimed at increasing our teenage umpire numbers. The next initiative is a series of Umpire Come and Try days through February and March.



COME & TRY

BECOME AN UMPIRE IN 2022

SESSION 1

WHEN: MONDAY, FEBRUARY 21

WHERE: HOGANS ROAD RESERVE,
HOPPERS CROSSING

TIME: 4PM-5PM

SESSION 2

WHEN: MONDAY, FEBRUARY 28

WHERE: DUNNINGS ROAD RESERVE,
POINT COOK

TIME: 4PM-5PM

SESSION 3

WHEN: TUESDAY, MARCH 8

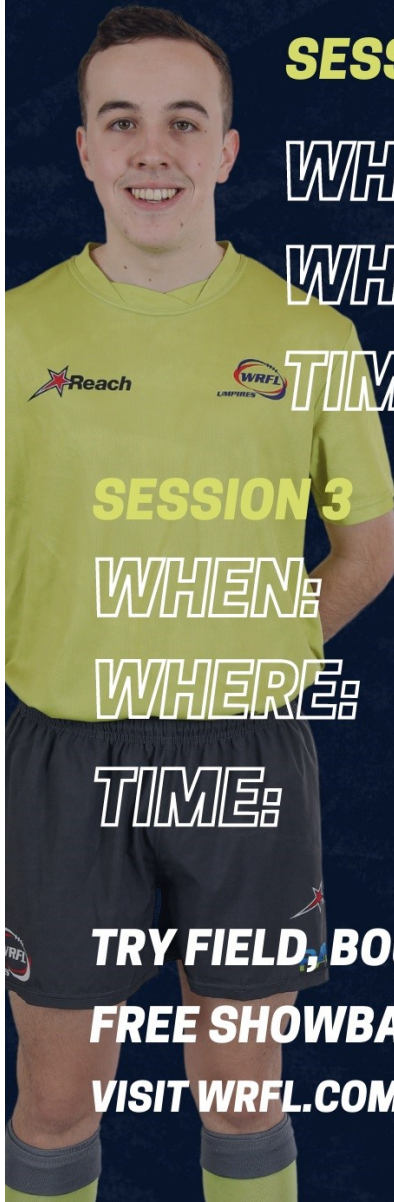
WHERE: SKINNER RESERVE
CHURCHILL AVENUE, BRAYBROOK

TIME: 4PM-5PM

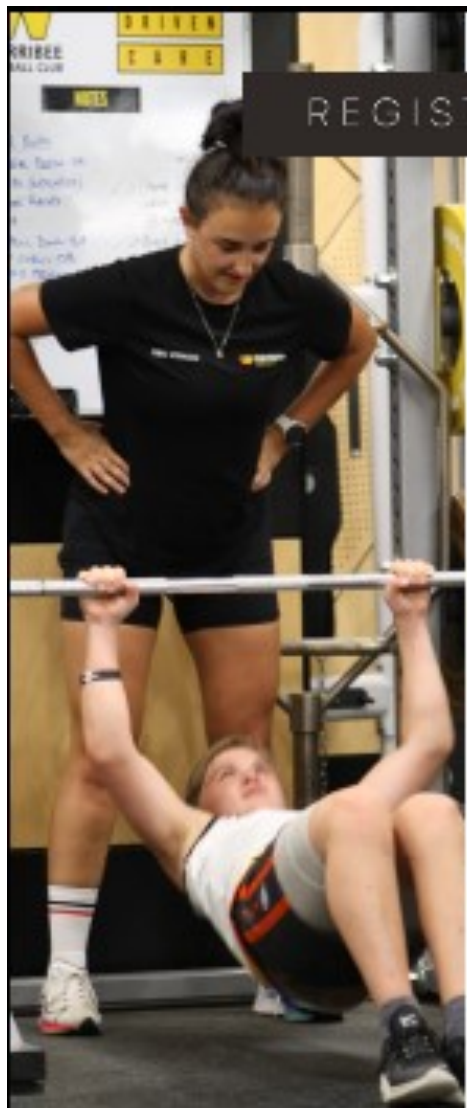
TRY FIELD, BOUNDARY & GOAL UMPIRING

FREE SHOWBAGS FOR THOSE WHO REGISTER

VISIT WRFL.COM.AU FOR MORE INFORMATION



REGISTER YOUR INTEREST NOW!



INVICTA PERFORMANCE

TAKE YOUR SPORT TO THE NEXT LEVEL!



With Strength + Conditioning, Sports Injury Rehab, Fitness + Performance Testing (and more!) all tailored to you and your sport, we can help you achieve your fitness, health and performance goals!

**CONTACT US NOW TO FIND OUT MORE
WWW.INVICTAPERFORMANCE.COM.AU**