

The Beacon

FROM THE PRINCIPAL Mr Holmes

They Will Shine

We are now entering the final weeks of our Pentecost Term. Pentecost is a time where we acknowledge the gift of the Holy Spirit equipping us for ministry. It invites us to reflect on our mission including our mission in relationship – in relationships with one another, in our schools and in our communities, and our gathering as Church.



Thomas Carr Day Mass, May 2022

As a Catholic College community, we strive to foster right relationships that we are inspired to develop through the person of Jesus himself. Here we are called to be Christ centred as we focus on the dignity of the human person, which is at the centre of all our interactions as members of the Thomas Carr College community. This dignity is exemplified in the cultural diversity of our students, while a small group of senior students are undertaking an important initiative, The International Student Voice Forum. These students, assisted by Mr Tom Bridges, will present their ideas for cultural inclusion at the State Library next term, along with other Victorian schools.

I encourage families to remain positive and supportive of the education we are providing for our students that will hold them in good stead for the future. The examinations have been a good opportunity for senior students to reflect on their performance, and most importantly a point-in-time, to reflect on where improvements can be made. Please refer to the attached flyer for the College Open Day at the Good Samaritan 'Country' Campus.

Our new Senior Building has been approved for development and we will provide further information in Term 3, our Assumption Term.



This is the final Term 2 edition of The Beacon newsletter in the current format. You will see a new and improved version launched in Term 3, lead by our Marketing and Development Manager, Ms Trish Padoin.

Father God,
We come before you today to ask for your protection over our families.
Let no trouble fall on them today.
Keep them away from accidents.
Allow no evil to influence their hearts.
Cover them with the precious blood of Christ.
Take charge over them so that they do not strike their foot against a stone.
We may not be with our families all the time today, but I trust that you, Lord, are always with them.
Keep them safe today and allow them to give glory to you further.
Give them peace of mind so that they may not worry about anything.
Guard their hearts so that they may only display love instead of hate, anger, or bitterness.
Amen.

KEY DATES

Sunday 19 June to Saturday 25 June	Refugee Week
Monday 20 June to Friday 24 June	Year 9 Purple Country Experience
Monday 20 June	World Refugee Day
Thursday 23 June	End of Pentecost Term 2 / Semester 1 classes
Thursday 23 June	Parent - Teacher - Student Conferences, Unit 3 and 4. (Online) 4pm to 8pm
Friday 24 June	Student Study Day (offsite)
Monday 27 June	School Holidays commence
Sunday 3 July to 8 July	NAIDOC Week
Monday 11 July	Student Study Day (offsite)
Tuesday 12 July	Term 3 commences
Tuesday 12 July	Year 8 Shine - Parent Information Night @ 6pm, Performing Arts Centre



College Theme for 2022 - Respect
Respect everyone, show special love for God's people and honour God.

1 Peter 2:17

College Vision

Thomas Carr College is a dynamic Catholic learning community, guided by the Gospel. Excellence and opportunities to develop are pursued. Through our hope and service to others we shine our light into the world.

FROM THE DEPUTY PRINCIPAL, STRATEGIC DEVELOPMENT
Ms Angelico

Year 10 and Year 11 Examinations

The Year 10 and Year 11 Examinations concluded today. I hope that all students approached these seriously and completed them to the best of their ability. In November, students in all year levels will be completing examinations as sitting examinations is a skill that requires practice over a number of years. Therefore, students must reflect not only on the result but on the level of preparation that took place throughout semester one. When the students receive their examinations next week, it is important to note the score as well as looking at each question and identifying areas of strength and areas for further improvement.

As we approach the end of Semester One, it is time to reflect on what worked well, and identify what to focus on next semester. I like the quote attributed to Albert Einstein which focusses our thinking on the need to do something differently if we desire a different outcome. The holidays give us time to think about what we need to do differently next semester if we desire a different result. In the last edition of The Beacon, we spoke a little about developing a growth mindset. The first step is to notice when we have a fixed mindset about our learning and then we can change the self-talk. I encourage you to follow this link [here](#) to view Carol Dweck explaining Growth vs Fixed Mindset on YouTube, or view this RSA Animate [here](#) – with Carol Dweck explaining: How to help each child reach their potential.

The following quote from the current Year 12 English text *Runaway* by Alice Munro is inspiring as we focus on making positive changes: "The road is easy if you know how to travel light." Making the shift from a fixed mindset to a growth mindset can help to make travelling light. Last Wednesday, the staff worked productively in meetings, collaborating and planning in teams and we enjoyed pizza for lunch. An example of one of the activities was what our Literacy Leader, Ms Lexie Huculak called a "Literacy Crafternoon". Teachers and Learning Support Officers created resources to enhance student literacy skills.

We will begin the Assumption Term with Day 2 of the Berry Street Education Model training for all staff. We look forward to the Grandparents' Mass which will take place soon after the beginning of the term on 26 July. The invitations will be sent out via Operoo next week. You will find attached to this edition of The Beacon a flyer advertising our Family Open day at the Good Samaritan Campus which will be held on Sunday 11 September, so save the date in your calendar as it will be a great day. More information will be sent out next term via Operoo.

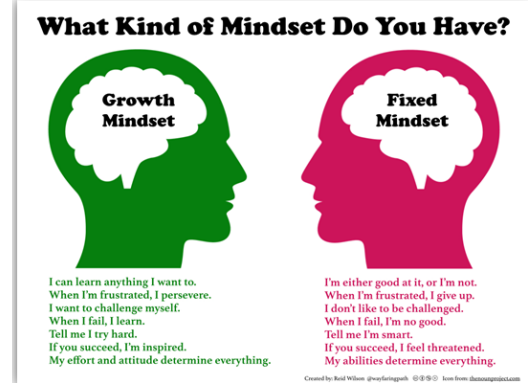
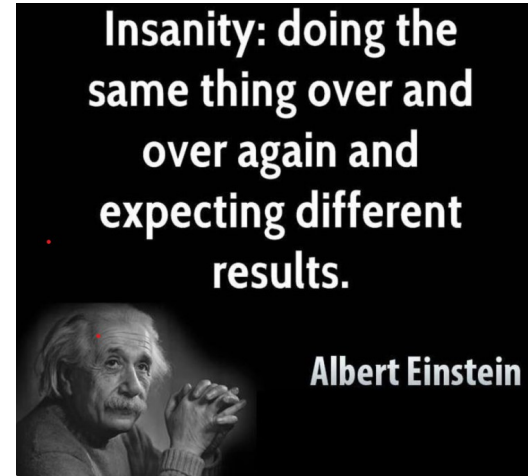
Wishing all a great end to the term and a wonderful winter holiday break!

FROM THE DEPUTY PRINCIPAL, STAFF AND LEARNING OPERATIONS
Mr Bryson

In Victoria, we have witnessed the extraordinary endeavours of educators in all sectors, responding to multiple lockdowns throughout the past two years. In the school sector, remote schooling has been provided for more than 40 per cent of the available school days during this time.

Source: Education Change and the Pandemic by Professor David Gurr (The University of Melbourne).

The above extract is from a recent publication shared with Victorian school leaders. The full report draws reference to the current challenges faced across most schools and explains that whilst lockdowns now seem to have ended, the effects of the pandemic are continuing. These include factors such as ongoing COVID-related student and teacher absences, gaps in student learning and the increased well-being needs of young people as they transition from extended periods of remote learning.



Literacy 'Crafternooning' with Ms Huculak.



With the end of the term now upon us, this report is a timely reminder that despite the ongoing effects of the pandemic, our ability as a Catholic learning community to work in partnership with each other has allowed us to maintain a high degree of learning for our students throughout this term. This also extends to supporting the overall wellbeing needs of our students whilst creating a learning environment that reflects our commitment to improving student learning across all year levels.

I would like to take this opportunity to extend my appreciation to all our students, staff and families for the way each of you have supported each other and have continued to adapt to the *'ongoing effects of the pandemic'* throughout Term Two. I wish all of you the very best for the upcoming term holidays and look forward to building upon this work as we continue to support the learning and overall wellbeing needs of our students into the future.

Semester One Examinations

Semester One examinations conclude on Friday 17 June, and it has been very pleasing to see how our Year 10 and 11 students have approached their semester examinations. In response to the impact of remote learning and the lack of structured examinations for the past two years, these have been an important step in setting the expectations and preparing students for the rigours of future VCE and other related examinations.

Students will receive feedback from their teacher(s) following these examinations with additional feedback placed on SIMON for parents to view. This aim of this feedback is to identify areas of achievement as well as areas for future improvement to support students with their learning. If you have any questions about the semester examinations for Years 10 or 11 students, please contact Ms. Daniela Bombardieri-Szabo (Head of Learning and Teaching – Senior School).

Any questions related to the assessment and reporting arrangements for Years 7 to 9 students can be directed to Mr. Stephen Manitta (Head of Learning and Teaching – Middle School).

Parent-Teacher-Student Conferences (VCE Units 3/4)

Parent-Teacher-Student (PTS) Conferences will be held for students undertaking a VCE Unit 3/4 subject on Thursday 23 June (4pm to 8pm). Please be reminded that due to the current COVID-Safe protocols and related restrictions, these PTS Conferences will be held online using MS TEAMS.

The Booking System for these interviews will be available as of Friday 17 June for you to access via the Parent Access Module (PAM). Please log on to PAM using your personal USERNAME and PASSWORD details. Click on 'Parent Teacher Interviews' to begin booking an interview with your child's teachers. For direct access to PAM please click on the link: [Parent Access Module \(PAM\) Log In](#).

Further information has been sent to families via Operoo and is also available to view in the Daily Messages section on [SIMON](#). If you require assistance in accessing your username or password, please follow the prompts on PAM.

All other questions related to these interviews can be directed to your child's Pastoral and Learning Mentor (PaLM) or House Leader (Years 10 to 12).

Semester Two Timetables - Change of Subjects (Year 10 and 11 students only)

Students in Year 10 undertaking a VCE subject and Year 11 students who are interested in changing subjects for Semester Two are to complete a subject change form by Monday 20 June. Subject change forms are available from Student Reception and further information is available for students to access on the Daily Messages on [SIMON](#).

If students have questions regarding a possible change of subject, they are encouraged to see their subject teacher or see Ms. Daniela Bombardieri-Szabo (Head of Learning and Teaching – Senior School).



Staff enjoying Pizza from 400 Gradi



YEAR 7 2024 ENROLMENTS

NOW OPEN - PLACES FILLING FAST!



Applications are available from the Fr Ray Administration Centre, via email: registrars@thomascarr.vic.edu.au or phone: (03) 8734 2444. Applications close Friday 19 August 2022.

thomascarr.vic.edu.au

IMPORTANT NOTICE
Year 7 2023 is full - waitlist only

They will shine

All questions related to any VET or VCAL subject can be directed to Mr. Casey Backhouse (Applied Learning and Vocational Training Leader). Student timetables will be updated to reflect their Semester Two classes during the school holidays. All students are reminded to check their timetable on SIMON prior to the start of next term and begin to plan for their Semester Two classes. If students have any questions related to their Semester Two timetable, they are asked to please contact their Pastoral and Learning Mentor (PaLM).

Semester One Reports

Semester One Reports will be available for parents to access via PAM as of Wednesday 27 June. Parents will receive a SMS and a notification via Operoo with the details in how to access your child's report. If there are any difficulties in accessing these reports, please contact the College.

2023 Subject Selection

In Term Three, students will begin working through the subject selection process in preparation for 2023. Subject selection is another example of how teachers and families can work in partnership to support the learning needs and future aspirations of all our students. To assist with future planning there are a number of key assemblies and events scheduled throughout next term.

We ask that you please note the following key dates:

- Wednesday 20 July - Learning Pathways Expo (Senior School)
- Wednesday 3 August – Parent Information Night (Middle School)
- Wednesday 10 August – Subject Selection Interviews (Years 9 and 10 students)

Further information outlining the subject selection process and the details of these events will be made available at the start of Term Three. In the meantime, students may wish to access the current 2022 Subject Handbooks available on the College website under [Learning and Teaching](#). Students are also encouraged to see their subject teacher or Pastoral and Learning Mentor (PaLM) with any questions and to begin discussing possible subjects and future pathways for 2023.

Student Study Day (Friday 24 June)

Friday 24 June has been listed on the College calendar as a 'Student Study Day'. Students are not required to attend the College on this date, and they are encouraged to use this day for study and other self-directed learning activities. Learning activities may include pre-reading or any other subject-specific tasks such as holiday homework and general planning for next term.

Due to the rescheduling of SAC's, VCE students may be required to attend onsite and will be informed by their teacher of these arrangements. If you have any questions related to the above arrangements, please contact your child's Pastoral and Learning Mentor (PaLM), Year Level Leader (Years 7 to 9) or House Leader (Years 10 to 12). Questions related to the arrangements for VCE students who may be required to attend onsite to complete SAC's can be directed to Ms. Daniela Bombardieri-Szabo (Head of Learning and Teaching – Senior School).

FROM THE DEPUTY PRINCIPAL, STUDENT ENGAGEMENT AND WELLBEING

Ms Spiteri

We made it! We got to the end of the first semester of this most tumultuous of academic years! And we did so with resilience, with tenacity, with hope, and with joy! As a College community, we have been able to go about our core business, which is learning in all areas of our life – academic, social, spiritual. We have been able to celebrate important events that shape us as a community. Events such as Cultural Diversity Week, Reconciliation Week, Luminosity, SACCSS Sport, Thomas Carr Day, Wynspeak, Mother's Day, Pentecost, It Takes A Spark, iD9, Malay-Borneo Relationship, TCC Coffee Cart, College Assemblies ... all these have been an opportunity for us to gather as a community and to celebrate who we are. In

Cyberbullying presentation to the Year 7's from the Male Leadership Development Team





THOMAS CARR
COLLEGE

The Beacon

amongst all this we have continued to attend classes and engage with our learning in a meaningful and effective way. Guest speakers, incursions, excursions, online activities have all added breadth and depth to our learning in the classroom. And we have continued to be the warm, welcoming, beautifully diverse community of learners that we are. Not bad for a term that has tested our capacity and our resilience due to the many absences of students and staff.

Not only is Winter coming, it's well and truly here! The colder months turn us inward and create a desire to bunker down under our doonas! Winter is also a terrific opportunity to find ways to connect with those we live and work with. Our young people need the time to rest, to slow down, to settle into easy routines. I encourage all our families to try out something old to create something new. Play a few board games, watch a movie together, cook a slow meal together, have a hot chocolate, go for a Sunday drive ... all of these things are opportunities for connecting with our young people and ensuring we know what's going on in their lives. Having a meaningful conversation with our young people is a strong preventative factor in ensuring good mental health. Winter can be a trigger for a more melancholic mindset, so these activities can create a safe setting for these conversations to happen. ReachOut have some terrific tips that can be found at [this link](#). I encourage you to check this out and to have these conversations during the break.

As we head into the break, can I also ask all families to do a bit of an inventory with their young person. Please check that they have a full correct uniform, that they have all the equipment they need to facilitate their learning, and that they work on developing a growth academic mindset. Carol Dweck, professor of psychology at Stanford University, shares the power of "yet" in [this video](#). We will work with our young people over the coming months on the power of "yet" where we will explore how we grow as learners. Hopefully, this will assist our young people in improving their academic results and develop in them a greater grit and tenacity needed to face challenges in their life.

So, happy end of Term 2 and Happy Holidays! I extend to all our families my gratitude for the partnership we work in, for the support we have from you, and for the joy your young people bring to our communal life. I look forward to continuing our relationship in the coming months. Here are some tips that can help you have positive and constructive conversations with your child.

- Being genuinely interested and curious about what your child is telling you.
- Giving them your undivided attention.
- Show empathy – put yourself in your child's shoes.
- Avoid just giving them instructions or unsolicited advice.

Choose a quiet space without distractions for important conversations.

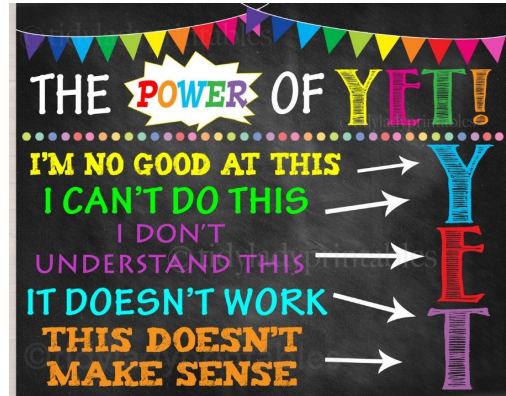
FROM THE GOOD SAMARITAN CAMPUS

Ms Tait

9 Jade Good Samaritan Experience 2022

It may be possible that the Year 9 Jade boys were the last PaLM group to see the sun in Coragulac. Weeks A and B started off with some special moments; sketching botanicals in the Colac Botanical gardens, community service with our Land Care representative Trey at Barongarook creek, Mountain biking at Forrest and chicken whispering from James Wright. The students' visit to the Californian Redwoods was made extra special by witnessing a marriage and being serenaded by a visiting Yidaki (Didgeridoo) player.

Week C brought with it some challenging weather which the Year 9 Jade group took in their stride. Richard our Indigenous Elder from Gadubanud country showed the students the shelter he and his family built on the grounds of the Cape Otway lighthouse. The students then continued their stoic journey base camping at Bimbi Park and sight seeing the 12 Apostles and Lockard Gorge. The three weeks could not have been possible without the contribution of Mr Millie and Mr Feletar who generously



Congratulations to our College Nurse, Ms Erin Abson, who recently competed in the Royal Australian Lifesaving Pool championships. She played 1st in the 100m Obstacles & the 100m Manikin Tow.



gave us a week each of their time on this three week experience.

FROM THE LANGUAGES DEPARTMENT Ms Febrinaldi

Sayembara Lisan 2022 – Indonesian Speaking Competition

On Friday the 3 June, 12 students from Year 8-11 participated in the Indonesian Speaking Competition, Sayembara Lisan. The students took part of the competition online by Zoom in M26 and M27. Students had to prepare speeches and they were asked questions for rehearsed and unrehearsed parts. Some topics were hobbies, houses, leisure activities and for the Senior levels, they discussed more on serious topics of their selections such as rubbish issues and cultural products.

Students put in efforts and time to prepare themselves by attending speaking sessions with Bu Feb and Bu Shaw during various hours. Students were nervous on the day and the examiners were patient and kind to them. Many of the students chose to participate because they wanted to gain some experience for the Year 12 Oral Speaking Examination. Congratulations for the following students for getting to the Final and they will compete again on 23 July 2022.

8 Beginning	Vroni Megablaw Aaron Macauba Mary Nguot
9 Beginning	Neve Kwek
9 Continuing	Annabelle Tjoa
10	Aiden D'Souza Mia Whitefield
11	Angeline Abiog

A huge thank you for those students who have taken part in the competition and did a spectacular job on the first round -Aahil Dewan, Sheridan Chown, Fiona Gade, and Kelly Markey. We wish those students all the best in their final competition.

FROM THE LEARNING AREA LEADER, HUMANITIES Ms Saliba

On Monday 30 May the Year 10 World War 2 class visited the Holocaust Museum. Students have been studying the Holocaust in class and have been looking at the impact this historical event has had on generations past and present.

Students spent the first half of the day engaging with primary resources and artefacts from the War. They participated in a workshop where they explored themes of discrimination and dehumanisation, as well as themes of hope and new beginnings. The day was full of both reflection and inspiration for our young people. Students read translated notices and newspapers that were circulated during World War 2 and learnt about the impact of propaganda. Students also held a food-ration card and a ration bowl that was given to the Jewish people at the start of the war. This was a confronting moment for our students as they began to acknowledge the reality of the treatment of Jewish people during the war.

The most inspiring part of the day was when students heard the firsthand story of Holocaust survivor, 93-year-old Szaja Chaskiel. Szaja shared the story of his life, beginning with his childhood pre-war where he went to school and played with his friends, right through to his time in Auschwitz concentration camp. He retold the story of the murder of his father by Nazi soldiers and his escape from a labour camp at 11 years old. Following this, he shared stories of kindness and compassion, when a Catholic priest housed and protected him. Szaja shared his experience on the death-walk, where he walked through snow for eight days and eight nights with no food or water, and students witnessed the tattooed numbers on his arm. It was a truly

Year 9 Jade @ Good Samaritan Campus



Holocaust Museum



emotional experience.

Students left the excursion with a sense of hope. While Szaja's story is one of trauma and loss, he shared moments of kindness to hold on to. John urged students to be kind in their lives and to "not-hate." His story is one that will resonate with us for a long time and students were grateful to have been able to experience his story firsthand. A special thank you to Miss Trotman for organising the day.

FROM THE SPORT AND CO-CURRICULAR LEADER Ms Margie White

SACCSS eSports Competition

On Thursday 19 May, Thomas Carr College competed in the very first SACCSS eSports competition. We had a full team of students in the Junior, Intermediate and Senior categories compete in a Rocket League round robin. The competition consisted of 5 rounds with 4 matches taking place each round. The first team to 3 wins won the round. One match from each round was lucky enough to be streamed on Twitch with professional commentators calling the match. It was fantastic to see the collaboration, communication and sportsmanship demonstrated by all our teams as they versed the other teams from other schools.

Thomas Carr College made it into the Grand Final and after a nail-biting game, won the first ever eSports Tournament! It was great to hear some of the amazing comments the commentators made during the match like 'If you didn't know this was a high school team playing, you couldn't tell, they are playing so professionally!' and 'Look at the way they set each other up to score, we have some true team players here!'. Overall, it was such an incredible experience for the students to get a taste of the professional gaming and esports industry. A massive thank you to Mr Manitta for coaching this team and all the work that went on behind the scenes to get this team up and running. **Congratulations Titans!**

FROM THE HEAD OF HEALTH AND PHYSICAL EDUCATION Mr Gilham

As we approach the end of term, students across all year levels have been working hard to on assessment tasks and preparing for upcoming exams.

Year 7 students are currently working in groups to create an original PE game that their classmates are able to play. Students are required to create, trial and refine their game and provide an instruction card. When presenting to the class, students are required to set-up, explain the rules and lead participation in the game.

Year 8 students have completed a research task exploring the health benefits of Physical Activity. Students identified the type of activity they have participated in, outline the levels of physical activity, sedentary behaviour and sleep required for students of their age and identify the local fitness and recreational services available to them on a map of their local area.

Year 9 Elite Sports Performance students recently had a visit from Invicta Performance and completed a Sports Nutrition session in which they had the opportunity to create a healthy snack. Students worked in small groups and were very eager to outdo each other and create the best protein balls. Please refer to the attachment at the end of the Beacon, so you can make with your child at home. Year 10 students created an advertising campaign to educate young people about the dangers associated with driving and the precautions that they can take to remain safe on the road.

Student submissions focused on the major causes of road accidents.

- The effects of alcohol and drugs
- Speeding
- Dangerous driving and distractions



SACCSS eSports Competition





THOMAS CARR
COLLEGE

The Beacon

- Fatigue
- Inexperience

Year 11 Health and Human Development students have been looking at food and nutrition and investigating the roles and sources of the major nutrients. Students looked at the health and wellbeing consequences of dietary imbalance and consider the factors that influence their food choices.

Year 12 Health and Human Development students have been investigating a range of Health Promotion programs/initiatives to improve health and wellbeing outcomes for individuals and their communities within Australia.

Year 12 Physical Education students have been involved in a variety of practical activities to analyse how the body produces energy and the roles of the cardiovascular, respiratory and muscular systems and in supplying oxygen and energy to the working muscles.



YEAR 7 2024 ENROLMENTS

NOW OPEN - PLACES FILLING FAST!

They will shine



Applications are available from the Fr Ray Administration Centre, via email: registrar@thomascarr.vic.edu.au or phone: (03) 8734 2444. Applications close Friday 19 August 2022.

thomascarr.vic.edu.au

IMPORTANT NOTICE
Year 7 2023 is full -
waitlist only

The Uniform Shop

NOTICE

Holiday Trading Hours

TRADING HOURS FOR TERM 3 – 2022

The Thomas Carr College Uniform Shop will close for the school holidays on Friday 24th June at 4.00 pm and will re-open for Term 3 on Monday 11th July at 8.15am.

The uniform shop will return to normal trading hours on Monday 11th July 2022 at 8.15am.

<https://MidfordBooking.as.me/ThomasCarrCollege>

Throughout the school term our opening hours are:

Monday	8.15 am - 4.00 pm
Wednesday	8.15 am - 4.00 pm
Friday	8.15 am - 4.00 pm

You are welcome to purchase from the online uniform shop at your convenience and your order will be filled when the store is next open



Historical Tour of the Good Samaritan Campus, Red Rock Tour, Petting Zoo, Archery, College Choir Performance, Food Vans, Stalls and much more!



COUNTRY CAMPUS FAMILY DAY

They will shine

Sunday 11 September 2022

11:00am - 2:00pm

Mass commences at 11am at St Brendan's Church

729 Lake Corangamite Road, Coragulac

www.thomascarr.vic.edu.au



**THOMAS CARR
COLLEGE**



PROTEIN BALLS

INGREDIENTS

- 1 cup drippy all-natural peanut butter or any nut butter (try almond, or ABC spread)
- 1/3 cup vanilla protein powder (regular whey or plant protein)
- 1/2 cup rolled oats
- 1 tablespoon chia seeds
- 2 tablespoons honey
- 1/4 cup mini chocolate chips (use dairy-free for vegan)
- 1-4 teaspoons water as needed

DIRECTIONS

1. Place peanut butter, protein powder, rolled oats, chia seeds, honey, and mini chocolate chips into a medium bowl.
2. Use a wooden spoon or your hands to mix the dough together. At this point, begin to add water by the teaspoon.
3. Depending on how drippy your peanut butter is, you'll need to add more or less water. The water not only helps moisten things so your balls hold shape, but they actually help your balls become less chalky.
4. Scoop about 1 tbsp of dough into your palm. Roll into balls until all dough is gone. You should get somewhere between 14-16 balls.
5. Store in the refrigerator for up to a week or in the freezer for up to 3 months.



INVICTA
PERFORMANCE

Warning: This recipe contains peanuts. The Peanut Butter can be replaced with Biscoff spread which is a nut-free alternative

